Sermon: ***The ‘Aha’ Moment***

There are some things in common between the story of Mr Worry by Roger Hargreaves and the story of the healing of Naaman in 2 Kings 5.

[1] They are both ill

Mr Worry’s illness is in his head and distorts all his actions.  
Naaman’s illness is physical, but with psychological effects.

[2] They both have an Aha moment

Mr Worry meets the Wizard and he believes his help will sort out his problem.

Naaman, despite the slave girl’s and Elisha’s advice, is at first unsure, but his advisers make him see sense.

[3] They both act on the belief that comes with the Aha moment.

Mr Worry writes his list and gives it to the Wizard.   
Naaman dips his body in the Jordan.

[4] They are both cured.

Mr Worry – almost!   
Naaman – completely.

We too can have Aha moments which give us a fresh understanding. Might come from engaging with the Bible or with God in prayer; through general reading/watching TV; through meeting new people, going to new places or trying new things.

The Aha moment on its own is not enough – true new understanding comes when we reflect and then act on what the Aha moment tells us.